

REAL DENTAL COSTS · DATA & RESEARCH TEAM

Vermont

Dental Costs & Access Fact Sheet 2026 — procedure prices, insurance gaps, Medicaid acceptance and dentist shortages.

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Data edition 2026.1 · HRSA snapshot 2026-07-30

Vermont at a glance

\$4,788 SINGLE IMPLANT, AVG.	38/51 RESTORATIVE COST RANK	60.1% DENTISTS TAKING MEDICAID	1 DENTAL-DESERT COUNTIES
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- A complete single dental implant averages **\$4,788** in Vermont, \$281 above the \$4,507 national mean of our 51 markets — ranking Vermont **38 of 51** on the restorative cost index (1 = least expensive).
- **60.1%** of Vermont dentists accept Medicaid patients (rank 9 of 51), and the state provides **extensive** adult dental coverage.
- **1 of Vermont's 14 counties** (7%) meet the dental-desert definition — an active shortage designation, below-median county income and above-median prices at once. 11 counties carry at least one active Dental HPSA designation.
- Nationally, 288 of 3,144 counties qualify as dental deserts, and 2,601 carry at least one active Dental HPSA designation.

Procedure prices: Vermont vs the national mean

Every row is labelled with its data basis. **OBSERVED** = measured per-state prices. **ESTIMATED** = no per-state source; the national figure scaled by the restorative cost index. **NATIONAL** = no per-state source at all, so no geographic variation is invented.

Procedure	Vermont range	Vermont avg.	U.S. mean (51 markets)	Basis
Exam, cleaning & X-rays	\$55–\$370	\$215	\$203	ESTIMATED
Composite filling (1 tooth)	\$95–\$475	\$240	\$226	ESTIMATED
Deep cleaning (SRP, per quadrant)	\$180–\$375	\$255	\$242	ESTIMATED
Tooth extraction	\$80–\$850	\$320	\$300	ESTIMATED
Root canal	\$530–\$1,590	\$1,165	\$1,100	ESTIMATED
All-on-4 (per arch)	\$12,340–\$29,150	\$16,085	\$15,179	ESTIMATED
Professional teeth whitening	\$300–\$1,000	\$650	\$650	NATIONAL
Dental crown	\$1,045–\$2,325	\$1,365	\$1,369	OBSERVED
Porcelain veneer (per tooth)	\$670–\$3,870	\$2,359	\$1,759	OBSERVED
Braces (traditional, full case)	\$2,250–\$8,995	\$5,704	\$6,352	OBSERVED
Single dental implant (complete)	\$3,995–\$6,090	\$4,788	\$4,507	OBSERVED
Full set of dentures (both arches)	\$1,610–\$3,865	\$2,084	\$1,953	OBSERVED

What insurance actually pays in Vermont

Applied to Vermont averages: a typical full coverage plan structure (preventive ~100%, basic ~80%, major ~50%) against a \$1,500 annual maximum. This is an illustration of a common plan design, not a quote, and it is the subtraction carrier pages do not publish.

Procedure	Vermont avg.	Tier	Plan pays	You still pay
Composite filling (1 tooth)	\$240	basic	\$192	\$48
Root canal	\$1,165	major	\$583	\$582
Dental crown	\$1,365	major	\$683	\$682
Full set of dentures (both arches)	\$2,084	major	\$1,042	\$1,042
Braces (traditional, full case)	\$5,704	ortho	\$1,500 (cap)	\$4,204
Single dental implant (complete)	\$4,788	excluded	nothing	\$4,788

The annual maximum is consumed by the whole plan year, not reset per procedure. Orthodontics and implants are the two lines where the gap is widest: the first exhausts the cap on its own, the second is usually excluded outright.

Methodology & sources

Single implant (complete) — our own observed 51-market series, DOI 10.5281/zenodo.20531728 (CC BY 4.0).

Crown, porcelain veneer, braces, dentures — Average Procedural Cost Study by ASQ360° Market Research for Synchrony's CareCredit. Cited wherever displayed, not redistributed in our open dataset.

All other procedures — national figures scaled by the restorative cost index, labelled *estimated*. Cosmetic rows carry no state variation.

Medicaid acceptance and adult benefit level — DOI 10.5281/zenodo.20666358.

Shortage and dental-desert counts — HRSA Dental HPSA snapshot 2026-07-30, crossed with county median income and state price level; DOI 10.5281/zenodo.21707529.

This is pricing and market research, **not medical advice** and not an insurance quote. Figures are market averages for budgeting and comparison — your quote depends on your case, provider and plan document.

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<https://realdentalcosts.com/en/full-coverage-dental-insurance/vermont/>

Machine-readable data: **<https://realdentalcosts.com/api/v1/state/vt.json>**

Web version: **<https://realdentalcosts.com/en/full-coverage-dental-insurance/vermont/>**

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